

Year/Half-termly unit titles	1 Me and my Relationships	2 Valuing Difference	3 Keeping Safe	4 Rights and Respect	5 Being my Best	6 Growing and Changing
EYFS	What makes me special People close to me Getting help	Similarities and difference Celebrating difference Showing kindness Modern Foreign languages Week - sept Anti-bullying Week – odd socks day November Electric Umbrella Company booked in for assembly	Keeping my body safe Safe secrets and touches People who help to keep us safe PCSO M Bennett visiting school – online safety, keeping safe , strangers danger - Feb	Looking after things: friends, environment, money	Keeping by body healthy – food, exercise, sleep Growth Mindset	Cycles Life stages Girls and boys – similarities and difference
Y1	Feelings Getting help Classroom rules Special people Being a good friend	Recognising, valuing and celebrating difference Developing respect and accepting others Bullying and getting help Anti-bullying Week – odd socks day November Modern Foreign languages Week – sept Electric Umbrella Company booked in for assembly	How our feelings can keep us safe – including online safety Safe and unsafe touches Medicine Safety Sleep NSPCA – PANTS PCSO M Bennett visiting school – online safety, keeping safe , strangers danger - Feb	Taking care of things: Myself My money My environment	Growth Mindset Healthy eating Hygiene and health Cooperation	Getting help Becoming independent My body parts Taking care of self and others
Y2	Bullying and teasing Our school rules about bullying Being a good friend Feelings/self-regulation	Being kind and helping others Celebrating difference People who help us Listening Skills Modern Foreign languages Week - sept Anti-bullying Week – odd socks day November Electric Umbrella Company booked in for assembly	Safe and unsafe secrets Appropriate touch Medicine safety NSPCA – PANTS PCSO M Bennett visiting school – online safety, keeping safe , strangers danger - Feb	Cooperation Self-regulation Online safety Looking after money – saving and spending	Growth Mindset Looking after my body Hygiene and health Exercise and sleep	Life cycles Dealing with loss Being supportive Growing and changing Privacy

<p>Y3</p>	<p>Rules and their purpose Cooperation Friendship (including respectful relationships) Coping with loss</p>	<p>Recognising and respecting diversity Being respectful and tolerant My community</p> <p>Modern Foreign languages Week - sept</p> <p>Anti-bullying Week – odd socks day November</p> <p>Electric Umbrella Company booked in for assembly</p>	<p>Managing risk Decision-making skills Drugs and their risks Staying safe online</p> <p>PCSO M Bennett visiting school – online safety, keeping safe , strangers danger - Feb</p>	<p>Skills we need to develop as we grow up Helping and being helped Looking after the environment Managing money</p>	<p>Keeping myself healthy and well Celebrating and developing my skills Developing empathy</p>	<p>Relationships Changing bodies and puberty Keeping safe Safe and unsafe secrets</p>
<p>Y4</p>	<p>Healthy relationships Listening to feelings Bullying Assertive skills</p>	<p>Recognising and celebrating difference (including religions and cultural difference) Understanding and challenging stereotypes</p> <p>Modern Foreign languages Week - sept</p> <p>Anti-bullying Week – odd socks day November</p> <p>Electric Umbrella Company booked in for assembly</p>	<p>Managing risk Understanding the norms of drug use (cigarette and alcohol use) Influences Online safety</p> <p>PCSO M Bennett visiting school – online safety, keeping safe , strangers danger - Feb</p>	<p>Making a difference (different ways of helping others or the environment) Media influence Decisions about spending money</p>	<p>Having choices and making decisions about my health Taking care of my environment My skills and interests</p>	<p>Body changes during puberty Managing difficult feelings Relationships including marriage</p>
<p>Y5</p>	<p>Feelings Friendship skills, including compromise Assertive skills Cooperation Recognising emotional needs</p>	<p>Recognising and celebrating difference, including religions and cultural Influence and pressure of social media</p> <p>Modern Foreign languages Week - sept</p> <p>Anti-bullying Week – odd socks day November</p> <p>Electric Umbrella Company booked in for assembly</p>	<p>Managing risk, including online safety Norms around use of legal drugs (tobacco, alcohol) Decision-making skills</p> <p>PCSO M Bennett visiting school – online safety, keeping safe , strangers danger - Feb</p>	<p>Rights, respect and duties relating to my health Making a difference Decisions about lending, borrowing and spending</p>	<p>Growing independence and taking ownership Keeping myself healthy Media awareness and safety My community</p>	<p>Managing difficult feelings Managing change How my feelings help keeping safe Getting help</p> <p>RSE Workshop SCARF</p>
<p>Y6</p>	<p>Assertiveness Cooperation Safe/unsafe touches Positive relationships</p>	<p>Recognising and celebrating difference Recognising and reflecting on prejudice-based bullying Understanding Bystander behaviour Gender stereotyping</p>	<p>Understanding emotional needs Staying safe online Drugs: norms and risks (including the law)</p>	<p>Understanding media bias, including social media Caring: communities and the environment Earning and saving money Understanding democracy</p>	<p>Aspirations and goal setting Managing risk Looking after my mental health</p>	<p>Coping with changes Keeping safe Body Image Sex education Self-esteem</p> <p>RSE Workshop SCARF</p>

		Modern Foreign languages Week - sept	Crucial Crew - St Albans Fire Station. Sept			
		Anti-bullying Week – odd socks day November				
		Electric Umbrella Company booked in for assembly	PCSO M Bennett visiting school – online safety, keeping safe , strangers danger - Feb			